# MOVEMENT & MUSIC IN ENGLISH Morkshops and Activities

## "L'escola del món"'s project

# BOUT



L'escola del món's project aims at promoting educational activities and resources through English. Language is considered the tool through which children learn educational content based on much needed values.

To learn more about this project, visit: www.lescoladelmon.com

# **BERTA TORRAS**

Berta Torras is a Music teacher and a Doctor in English Language Pedagogy. She has a Master's in The Acquisition of English and Intercultural Communication (UAB) and another Master's in Applied Linguistics (University of Bristol). She has extensive professional experience in England, Ireland and Indonesia, as well as she has also received training in New York and Toronto. She is currently working as a teacher educator at the UManresa-Vic and at the Universitat Autònoma de Barcelona. She has founded "L'escola del món"s project. The aim of MOVIC (Movement & Music in English) is the learning of English through **experience-based** and contextualized activities. It is a cross-curricular learning program in which we also learn about music, body expression and mindfulness.

MOVIC is aimed at children between 4 and 9 years old, but it can be adapted to other ages. MOVIC's methodology promotes the implicit learning of English. Thus, children are not aware of the fact that they are learning a foreign language. Having said that, this program is not just about "doing things in English". A MOVIC teacher is always aware of the linguistic structures he/she is focusing on in each and every activity. The three main pillars of this program are English, Music and Body expression

# English

The acquisition of structures and vocabulary is always implicit. Music and body expression activities create the perfect atmosphere in order to focus on the teaching of English without children noticing. Therefore, English is acquired in a meaningful way and through meaningful activities, awakening children's interest towards this communication tool.



## Music

Through songs, either sung or heard, and rhythms, children learn to use English experientially. We work on pronunciation and acquire vocabulary and structures that will serve as a foundation to consolidate English as a communication tool. The main objective of the course is to have fun doing music and living everything that it entails: sharing and feeling, as well as developing sensitivity and musicality.



# **Body expression**

Music and movement are closely related, and the first is the perfect excuse to express ourselves and incorporate English through choreographies, gestures and body expression. The Yomu technique, in which we have been trained, will have a fundamental role in many of the sessions, since it serves as the basis and inspiration for many of the activities. Yomu is a comprehensive and powerful method from the United States. Combining music, yoga and mindfulness, this integrated training system provides tools and resources to promote the physical, mental and emotional health of children.



# INTERESTED?

If you or your center are interested in this program, get in touch through info@lescoladelmon.com

